

# Minor in Physical Education

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2023-24



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**Required Courses**

Item #	Title	Credits
	KINA 115 or KINA 215	1
KINT 110	Fundamentals of Kinesiology	3
	KINT 131 or KINT 132	2
KINT 241	Care and Prevention of Athletic Injuries	3
KINT 431	Physical Education Methods (K-12)	3
	Two Professional Activities Courses	6
	Sub-Total Credits	18

**Required Cognate:**

Item #	Title	Credits
BIOL 101	Anatomy & Physiology I	4
	Sub-Total Credits	4

June 2023

Southwestern Adventist University—Office of Academic Administration