

# Minor in Coaching

## Required Courses

Item #	Title	Credits
	KINA 115 or KINA 215	1
KINT 110	Fundamentals of Kinesiology	3
	KINT 131 or KINT 132	2
	KINT 231 or KINT 232 or KINT 233	3
KINT 241	Care and Prevention of Athletic Injuries	3
KINT 351	Coaching	3
KINT 354	NSCA Certified Strength & Conditioning Specialist	3

## Required Cognate:

Item #	Title	Credits
BIOL 101	Anatomy & Physiology I	4
	<b>Total credits:</b>	<b>22</b>