

# Minor in Coaching

2023-24



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**Required Courses**

Item #	Title	Credits
	KINA 115 or KINA 215	1
KINT 110	Fundamentals of Kinesiology	3
	KINT 131 or KINT 132	2
	KINT 231 or KINT 232 or KINT 233	3
KINT 241	Care and Prevention of Athletic Injuries	3
KINT 351	Coaching	3
KINT 354	NSCA Certified Strength & Conditioning Specialist	3
	Sub-Total Credits	18

**Required Cognate:**

Item #	Title	Credits
BIOL 101	Anatomy & Physiology I	4
	Sub-Total Credits	4

June 2023

Southwestern Adventist University—Office of Academic Administration