

Core Curriculum for a Bachelor's Degree

I. Quality Enhancement Plan

A study of wellness using the CREATION Health model. The course takes a whole-person approach to living healthy. It will cover information related to healthy choices, rest, healthy environment, physical activity, trust, interpersonal relationships, outlook, and nutrition. All students are required to take this course as a part of Southwestern's Quality Enhancement Plan (QEP).

Item #	Title	credits
UNIV 111	Wellness for Life	2

II. English Composition

Courses in English composition will emphasize the practice of critical reading and effective writing.

Two courses required: 6 credit hours

Item #	Title	credits
ENGL 121	Freshman Composition	3
ENGL 220	Research Writing	3

III. Mathematics

Courses in mathematics will emphasize quantitative and deductive reasoning, problem solving and logical thinking, organizational and systematic thinking, and the application of mathematics to various life situations.

Select one course: 3 credit hours

Item #	Title	credits
MATH 110	College Algebra	3
MATH 115	Mathematics in Society	3
MATH 116	Mathematics and Humanity	3
MATH 131	Applied Mathematics	3
MATH 141	Introduction to Probability and Statistics	3
MATH 180	Precalculus	4
MATH 181	Calculus I	4

IV. Whole-Person Wellness

Courses in fitness activity will emphasize practical knowledge and practices that will promote life-long whole-person wellness.

Select two courses: 2 credit hours

Item #	Title	credits
	KINA XXX	1
	KINA XXX	1

V. Humanities

Courses in the humanities will emphasize a reflection on the human experience and human condition through literary texts and artistic forms.

A. Literature Option

Select one course: 3 credit hours

Item #	Title	credits
ENGL 221	World Masterpieces: Ancient to Enlightenment	3
ENGL 222	World Masterpieces: Enlightenment to Contemporary	3
ENGL 226	Perspectives in 20th Century Latin American/Latin X Literature	3
ENGL 231	American Literature I	3
ENGL 232	American Literature II	3
ENGL 322	Literary Perspectives (Rotating Content)	3

B. Fine Arts Option

Select one course: 3 credit hours

Item #	Title	credits
ARTS 135	Introductory Studio Ceramics	1-3
ARTS 222	Art Appreciation	3
ENGL 278	Dramatic Production	3
ENGL 336	Creative Writing	3
HIST 221	History of Western Art	3
MUHL 221	Survey of Music	3
MUHL 255	Survey of Christian Worship	3

VI. Life and Physical Science

Courses in science will emphasize understanding and application of everyday phenomena. Laboratories will be discovery based and emphasize the development and testing of hypotheses, or they may expose students to observational experiences that enhance scientific understanding.

Select two courses: 8 credit hours

Item #	Title	credits
BIOL 101	Anatomy & Physiology I	4
BIOL 102	Anatomy & Physiology II	4
BIOL 103	Human Biology	4
BIOL 111	General Biology I	4
BIOL 112	General Biology II	4
BIOL 220	Microbiology and Immunology	4
BIOL 225	Field Biology	4
BIOL 345	Environment and Mankind	4
CHEM 105	Survey of Chemistry	4
CHEM 111	General Chemistry I	4
GEOL 240	The Dinosaurs	4
PHYS 101	Introductory Physics	4
PHYS 112	Introductory Astronomy	4
PHYS 114	Physical Science	4
PHYS 121	General Physics I	4

VII. History and Social Science

Courses in history and social science are designed to give students a broad understanding of the sweep of world historical, governmental, and cultural events. Through reading, lectures, discussions, and writing, these courses will enhance the critical abilities of students by providing tools and practices that are universal in application. Ultimately, students should be better able to understand contemporary events by grasping how historical, political, and cultural events have combined to create the world in which they live.

A. History Option

Select two courses: 6 credit hours

Item #	Title	credits
HIST 111	United States History to 1865	3
HIST 112	United States History from 1865	3
HIST 225	World Civilizations I	3
HIST 226	World Civilizations II	3

B. Social Science Option

Select one course: 3 credit hours

Item #	Title	credits
ECON 211	Macroeconomics	3
ECON 212	Microeconomics	3
HIST 242	Historical and Political Geography	3
POLS 211	National and Texas Constitutions	3
PSYC 212	General Psychology	3
PSYC 220	Human Growth & Development	3
SOCI 111	Introduction to Sociology	3

VIII. Religion

Courses in biblical studies will introduce the student to practical methods of Bible study, critical evaluation of scholarship and interpretation, and the richness and depth of the biblical text. Courses in theology will engage the student in a systematic approach to biblical matters, will have students explore different perspectives and relevant issues, and guide students to formulate personal viewpoints and positions. Courses in historical studies trace the origin and development of the Bible, Christianity, Seventh-day Adventism, and other religions.

Select four courses: 12 credit hours, one course must be numbered 300 or above.

Religion Transfer Policy

Transferring with* Accredited Seventh-day Adventist Religion Courses Required

24 credits or fewer 12 credits of Religion classes

25-56 credits 9 credits of Religion classes

57-86 credits 6 credits of Religion classes

87 credits or more 3 credits of Religion classes

*Transfer credits are determined based on courses taken prior to attending Southwestern Adventist University. (See [Transfer Credit](#) section)

Item #	Title	credits
RELB 211	Life and Teachings of Jesus	3
RELB 322	Daniel	3
RELB 323	Revelation	3
RELB 325	Pentateuch	3
RELB 328	Survey of the Old Testament	3
RELB 335	Introduction to the New Testament	3
RELH 230	History of the Seventh-day Adventist Church	3
RELH 233	Biblical Archaeology	3
RELH 314	Origin & Development of the Bible	3
RELH 320	Ellen White Writings	3
RELH 331	History of Christianity I	3
RELH 332	History of Christianity II	3
RELT 101	Christian Beliefs	3
RELT 201	Bible Study Methods	3
RELT 212	Introduction to Christian Ethics	3
RELT 312	Christian Ethics	3
RELT 325	World Religions	3
RELT 327	Integrated Wellness Connections	3
RELT 360	Philosophy and the Christian Worldview	3
RELT 410	Biblical Conflict Resolution	3
RELT 419	Philosophy of Science	3

IX. Competence in Communication

Students completing a degree must be proficient in the application of the principles of effective oral communication including discussion techniques and public presentations. Proficiency will be determined by the completion of a department designated course or courses.

The Bulletin description of approved courses includes the statement "This course fulfills the Communication Competency requirement as specified in the Core Curriculum." Unless specified in the major, the following courses meet the proficiency requirement:

Select one course: 3 credit hours

Item #	Title	credits
COMM 111	Speech	3
COMM 115	Group Communication	3
	Total credits:	51

Category Descriptions

KINA XXX

Credits: 1

Item #	Title	credits
KINA 111	Physical Fitness	1
KINA 112	Aerobics	1
KINA 115	Resistance Training	1
KINA 116	Fitness Walking	1
KINA 122	Futsal (Indoor Soccer)	1
KINA 124	Basketball	1
KINA 125	Volleyball	1
KINA 131	Swimming	1
KINA 141	Badminton	1
KINA 142	Tennis	1
KINA 145	Racquetball	1
KINA 212	Advanced Aerobics	1
KINA 213	Pilates	1
KINA 215	Advanced Resistance Training	1
KINA 222	Soccer Team	1
KINA 224	Basketball Team	1
KINA 225	Volleyball Team	1
KINA 229	Gymnastics Team	1
KINA 231	Advanced Swimming	1
KINA 233	Water Aerobics	1
KINA 234	Lifeguard Training	1
KINA 236	Disc Golf	1
KINA 242	Advanced Tennis	1
KINA 246	Inline Hockey	1
KINA 247	Golf	1
KINA 248	Advanced Racquetball	1
KINA 255	Floorball	1
KINA 256	Advanced Floorball	1