

# B.S. Sports and Fitness Management

General Education Requirements for all Bachelor's degrees

Quality Enhancement Plan (QEP) Requirement

## Kinesiology Core Curriculum

Item #	Title	credits
KINT 110	Fundamentals of Kinesiology	3
KINT 201	Introduction to Kinesiology Research	1
KINT 241	Care and Prevention of Athletic Injuries	3
KINT 310	Motor Learning	3
KINT 321	Exercise Physiology	3
KINT 331	Biomechanics	3
KINT 420	Adapted Physical Activity, Sports, & Exercise Assessment	3
KINT 490	Senior Seminar (Capstone/Portfolio)	1

## Kinesiology Courses:

Item #	Title	credits
KINA 115	Resistance Training	1
KINT 252	ACSM Certified Personal Trainer	3
KINT 354	NSCA Certified Strength & Conditioning Specialist	3
KINT 450	Administration of Kinesiology	3
KINT 452	ACSM Certified Health & Fitness Specialist	3
KINT 485	Sports and Fitness Management Internship	6

## Required Cognates:

Item #	Title	credits
ACCT 211	Accounting Principles I	3
BIOL 101	Anatomy & Physiology I	4
BIOL 102	Anatomy & Physiology II	4
BUAD 301	Principles of Management	3
BUAD 372	Human Resources Management	3
BUAD 472	Business Policies and Strategies	3
	ECON 211 or ECON 212	3
FNCE 321	Business Finance	3
MATH 141	Introduction to Probability and Statistics	3
MKTG 343	Principles of Marketing	3
	<b>Total credits:</b>	<b>71</b>

## Category Descriptions

### ECON 211 or ECON 212

Credits: 3

Item #	Title	credits
ECON 211	Macroeconomics	3
ECON 212	Microeconomics	3