

B.S. Sports and Fitness Management

Kinesiology Core Curriculum

| Item # | Title | Credits |
|----------|--|---------|
| KINT 110 | Fundamentals of Kinesiology | 3 |
| KINT 201 | Introduction to Kinesiology Research | 1 |
| KINT 241 | Care and Prevention of Athletic Injuries | 3 |
| KINT 310 | Motor Learning | 3 |
| KINT 321 | Exercise Physiology | 3 |
| KINT 331 | Biomechanics | 3 |
| KINT 490 | Senior Seminar (Capstone/Portfolio) | 1 |

Kinesiology Courses:

| Item # | Title | Credits |
|----------|---|---------|
| KINA 115 | Resistance Training | 1 |
| KINT 252 | ACSM Certified Personal Trainer | 3 |
| KINT 354 | NSCA Certified Strength & Conditioning Specialist | 3 |
| KINT 450 | Administration of Kinesiology | 3 |
| KINT 452 | ACSM Certified Health & Fitness Specialist | 3 |
| KINT 485 | Sports and Fitness Management Internship | 6 |

Required Cognates:

| Item # | Title | Credits |
|----------|--|-----------|
| ACCT 211 | Accounting Principles I | 3 |
| BIOL 101 | Anatomy & Physiology I | 4 |
| BIOL 102 | Anatomy & Physiology II | 4 |
| BUAD 301 | Principles of Management | 3 |
| BUAD 372 | Human Resources Management | 3 |
| BUAD 472 | Business Policies and Strategies | 3 |
| | ECON 211 or ECON 212 | 3 |
| FNCE 321 | Business Finance | 3 |
| MATH 141 | Introduction to Probability and Statistics | 3 |
| MKTG 343 | Principles of Marketing | 3 |
| | Total credits: | 68 |