

## B.S. Physical Education

2023-24

### WEBSITE

<https://www.swau.edu/kinesiology>

### DEPARTMENT PERSONNEL

#### *Chair*

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The mission of Southwestern Adventist University's Department of Kinesiology is to promote lifetime physical activity and a healthy lifestyle for all students at the university. It further seeks to prepare kinesiology majors for a variety of careers by fostering the knowledge and skills needed to be successful in the field. All this is done in a Christ-centered environment shaped by Seventh-day Adventist and Christian values. In addition, the Kinesiology department focuses on the development of the whole student. The integration of the physical, mental, and spiritual powers within the curriculum, instruction, and activity are paramount to the program. We seek to prepare students for success in their chosen professional careers by developing critical thinking, communication, and analytical skills. The development of an understanding and respect for God's amazing creation, the human body, is of special concern.

### Job Market

Students may elect courses that prepare them for careers as elementary or secondary physical education teachers. A major in Physical Education will also prepare the student for a career in the public or private sector of recreation or coaching.

### Job Outlook

The Texas Workforce Commission projects that between 2018-2028, the demand for teachers in Texas across grade levels will increase by 11% compared to a predicted 4% increase in teacher demand at the national level. Overall growth is expected due to declines in student-to-teacher ratios and increases in enrollment. However, employment growth will vary by region.

Jobs for coaches and scouts in this state are growing at a rate of 20.2% which is faster than the nationwide estimated projection of 12/9%. The BLS is projecting 2,390 annual coaches and scouts job openings in Texas, and 17,410 total jobs in the year 2026. Those who are state-certified to teach academic subjects are likely to have the best prospects for getting coaching and instructor jobs in elementary, middle, and high schools. The need to replace coaches who change occupations or leave the labor force also will provide some jobs. Very strong competition is expected for jobs at the college or professional level.

### Earnings

The average public school teacher salary in Texas is \$55,319 as of March 2023. The range typically falls between \$46,194 and \$67,460. Employment of coaches and scouts is projected to grow 20% from 2021-2031, much faster than the average for all occupations. On average, about 39,900 openings for coaches and scouts are projected each year over the decade.

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SOUTHWESTERN ADVENTIST UNIVERSITY

### **Educational Qualifications:**

While majoring in a content area, future teachers enroll in the teacher preparation program and take classes in education and child psychology. Teacher preparation programs instruct how to present information to students and how to work with students of varying abilities and backgrounds. The program includes fieldwork, such as student teaching. Some states require high school teachers to earn a master's degree after earning their teaching certification. All states require teachers in public schools to be licensed.

### **General Education Requirements:**

To view general education requirements for this major, please visit [catalog.swau.edu/undergraduate/2023-2024](https://catalog.swau.edu/undergraduate/2023-2024).

Kinesiology Core Curriculum			Required Courses		
Item #	Title	Credits	Item #	Title	Credits
KINT 110	Fundamentals of Kinesiology	3		KINA 115 or KINA 215	1
KINT 201	Introduction to Kinesiology Research	1	KINT 131	Officiating I	2
KINT 241	Care and Prevention of Athletic Injuries	3	KINT 132	Officiating II	2
KINT 310	Motor Learning	3	KINT 231	Professional Activities I	3
KINT 321	Exercise Physiology	3	KINT 232	Professional Activities II	3
KINT 331	Biomechanics	3	KINT 233	Professional Activities III	3
KINT 420	Adapted Physical Activity, Sports, & Exercise Assessment	3	KINT 351	Coaching	3
KINT 490	Senior Seminar (Capstone/Portfolio)	1	KINT 431	Physical Education Methods (K-12)	3
	Sub-Total Credits	20	KINT 450	Administration of Kinesiology	3
				Sub-Total Credits	23
			Required Cognates:		
			Item #	Title	Credits
			BIOL 101	Anatomy & Physiology I	4
			BIOL 102	Anatomy & Physiology II	4
				Sub-Total Credits	8

# Sample 4 Year Curriculum

General Education Requirements  
 To view general education requirements for this major please visit: <https://catalog.swau.edu/core-curriculum-for-a-bachelors-degree>

First Year First Semester			First Year Second Semester		
Item #	Title	Credits	Item #	Title	Credits
BIOL 101	Anatomy & Physiology I	4	BIOL 102	Anatomy & Physiology II	4
ENGL 121	Freshman Composition	3	KINT 131	Officiating I	2
KINT 110	Fundamentals of Kinesiology	3	RELT 101	Christian Beliefs	3
KINT 132	Officiating II	2		Elective Course for 120	3
MATH 110	College Algebra	3		Fine Arts GE Requirement	3
UNIV 111	Wellness for Life	2		History GE Requirement	3
	Sub-Total Credits	17		Sub-Total Credits	18
Second Year First Semester			Second Year Second Semester		
Item #	Title	Credits	Item #	Title	Credits
ENGL 220	Research Writing	3	EDUC 350	Digital Literacy Proficiency	3
KINT 232	Professional Activities II	3	KINT 201	Introduction to Kinesiology Research	1
KINT 241	Care and Prevention of Athletic Injuries	3	KINT 231	Professional Activities I	3
KINT 321	Exercise Physiology	3	KINT 351	Coaching	3
PSYC 220	Human Growth & Development	3		Life and Physical Science GE Requirement	4
RELT 201	Bible Study Methods	3		Literature GE Requirement	3
PSYC 220	Human Growth & Development	3		Sub-Total Credits	17
	Sub-Total Credits	21			
Third Year First Semester			Third Year Second Semester		
Item #	Title	Credits	Item #	Title	Credits
EDUC 385	Philosophy of Christian Education	3	EDUC 312	Educational Psychology	3
KINT 233	Professional Activities III	3	EDUC 322	Child and Adolescent Psychology	3
KINT 310	Motor Learning	3	EDUC 326	Learners With Exceptionalities	3
KINT 450	Administration of Kinesiology	3		KINA 115 or KINA 215	1
RELH 230	History of the Seventh-day Adventist Church	3	KINT 331	Biomechanics	3
	History GE Requirement	3		Religion GE Requirement, Upper Division	3
	Sub-Total Credits	18		Sub-Total Credits	16
Fourth Year First Semester			Fourth Year Second Semester		
Item #	Title	Credits	Item #	Title	Credits
EDUC 418	Legal Foundations of Education	3	EDUC 436	Classroom Management	3
EDUC 450	Teaching Methods	3	EDUC 485	Directed Teaching in Secondary School	6
EDUC 496	TEXES Prep #2 - Pedagogy and Professionalism Responsibilities EC-12	0	KINT 490	Senior Seminar (Capstone/Portfolio)	1
	Adapted Physical Activity, Sports, & Exercise Assessment	3		Sub-Total Credits	10
KINT 431	Physical Education Methods (K-12)	3			
EDUC 434	Classroom Assessment	3			
	Communication GE Requirement	3			
	Sub-Total Credits	18			