

B.S. Physical Education

2023-24

WEBSITE

<https://www.swau.edu/kinesiology>

DEPARTMENT PERSONNEL

Chair

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The mission of Southwestern Adventist University's Department of Kinesiology is to promote lifetime physical activity and a healthy lifestyle for all students at the university; it further seeks to prepare kinesiology majors for a variety of careers by fostering the knowledge and skills needed to be successful in the field. All this is done in a Christ-centered environment shaped by Seventh-day Adventist and Christian values. In addition, the Kinesiology department focuses on the development of the whole student. The integration of the physical, mental, and spiritual powers within the curriculum, instruction, and activity are paramount to the program. We seek to prepare students for success in their chosen professional careers by developing critical thinking, communication, and analytical skills. Of special concern is the development of an understanding and respect for God's amazing creation, the human body.

Job Market

Students may elect courses that prepare them for careers as elementary or secondary physical education teachers. A major in Physical Education will also prepare the student for a career in the public or private sector of recreation or coaching.

Job Outlook

Employment of high school teachers is expected to grow by 8 percent from 2016-2026, as fast as the average for all occupations. Overall growth is expected due to declines in student-to-teacher ratios and increases in enrollment. However, employment growth will vary by region.

Employment of coaches and scouts is expected to grow 13 percent from 2016-2026, faster than the average for all occupations. Those who are state-certified to teach academic subjects are likely to have the best prospects for getting coaching and instructor jobs in elementary, middle, and high schools. The need to replace coaches who change occupations or leave the labor force also will provide some jobs. Very strong competition is expected for jobs at the college or professional level.

Earnings

The median annual wage of high school teachers was \$60,320 in 2018. The median annual wage of coaches and scouts was \$33,780 in 2018.

While majoring in a content area, future teachers enroll in the teacher preparation program and take classes in education and child psychology. Teacher preparation programs instruct how to present information to students and how to work with students of varying abilities and backgrounds. The program includes fieldwork, such as student teaching.

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Some states require high school teachers to earn a master's degree after earning their teaching certification. All states require teachers in public schools to be licensed

Kinesiology Core Curriculum

Item #	Title	Credits
KINT 110	Fundamentals of Kinesiology	3
KINT 201	Introduction to Kinesiology Research	1
KINT 241	Care and Prevention of Athletic Injuries	3
KINT 310	Motor Learning	3
KINT 321	Exercise Physiology	3
KINT 331	Biomechanics	3
KINT 420	Adapted Physical Activity, Sports, & Exercise Assessment	3
KINT 490	Senior Seminar (Capstone/Portfolio)	1
	Sub-Total Credits	20

Required Courses

Item #	Title	Credits
	KINA 115 or KINA 215	1
KINT 131	Officiating I	2
KINT 132	Officiating II	2
KINT 231	Professional Activities I	3
KINT 232	Professional Activities II	3
KINT 233	Professional Activities III	3
KINT 351	Coaching	3
KINT 431	Physical Education Methods (K-12)	3
KINT 450	Administration of Kinesiology	3
	Sub-Total Credits	23

Required Cognates:

Item #	Title	Credits
BIOL 101	Anatomy & Physiology I	4
BIOL 102	Anatomy & Physiology II	4
	Sub-Total Credits	8

Sample 4 Year Curriculum

General Education Requirements

To view general education requirements for this major please visit: <https://catalog.swau.edu/core-curriculum-for-a-bachelors-degree>

First Year First Semester

Item #	Title	Credits
BIOL 101	Anatomy & Physiology I	4
ENGL 121	Freshman Composition	3
KINT 110	Fundamentals of Kinesiology	3
KINT 132	Officiating II	2
MATH 110	College Algebra	3
UNIV 111	Wellness for Life	2
	Sub-Total Credits	17

First Year Second Semester

Item #	Title	Credits
BIOL 102	Anatomy & Physiology II	4
COMM 111	Speech	3
	Fine Arts GE Requirement	3
	History GE Requirement	3
KINT 131	Officiating I	2
RELT 101	Christian Beliefs	3
	Sub-Total Credits	18

Second Year First Semester

Item #	Title	Credits
ENGL 220	Research Writing	3
KINT 232	Professional Activities II	3
KINT 241	Care and Prevention of Athletic Injuries	3
KINT 321	Exercise Physiology	3
PSYC 220	Human Growth & Development	3
RELT 201	Bible Study Methods	3
	Sub-Total Credits	18

Second Year Second Semester

Item #	Title	Credits
EDUC 350	Digital Literacy Proficiency	3
KINT 201	Introduction to Kinesiology Research	1
KINT 231	Professional Activities I	3
KINT 351	Coaching	3
	Life and Physical Science GE Requirement	4
	Literature GE Requirement	3
	Sub-Total Credits	17

Third Year First Semester

Item #	Title	Credits
EDUC 385	Philosophy of Christian Education	3
	History GE Requirement	3
KINT 233	Professional Activities III	3
KINT 310	Motor Learning	3
KINT 450	Administration of Kinesiology	3
	Sub-Total Credits	15

Third Year Second Semester

Item #	Title	Credits
EDUC 312	Educational Psychology	3
EDUC 322	Child and Adolescent Psychology	3
EDUC 326	Learners With Exceptionalities	3
	KINA 115 or KINA 215	1
KINT 331	Biomechanics	3
	Religion GE Requirement	3
	Sub-Total Credits	16

Fourth Year First Semester

Item #	Title	Credits
EDUC 418	Legal Foundations of Education	3
EDUC 450	Teaching Methods	3
EDUC 496	TEXES Prep #2 - Pedagogy and Professionalism Responsibilities EC-12	0
KINT 420	Adapted Physical Activity, Sports, & Exercise Assessment	3
KINT 431	Physical Education Methods (K-12)	3
RELH 230	History of the Seventh-day Adventist Church	3
	Sub-Total Credits	15

Fourth Year Second Semester

Item #	Title	Credits
EDUC 434	Classroom Assessment	3
EDUC 436	Classroom Management	3
EDUC 485	Directed Teaching in Secondary School	6
KINT 490	Senior Seminar (Capstone/Portfolio)	1
	Sub-Total Credits	13

June 2023

Southwestern Adventist University—Office of Academic Administration