

B.S. Exercise Science

Program: Kinesiology

Type: B.S.

REQUIRED COURSES

Item #	Title	Credits
	Kinesiology Core Curriculum	17
KINA 115	Resistance Training	1
KINA 215	Advanced Resistance Training	1
KINT 216	Nutrition	3
KINT 252	ACSM Certified Personal Trainer	3
KINT 260	First Aid, CPR, and First Responder Training	2
KINT 354	NSCA Certified Strength & Conditioning Specialist	3
KINT 452	ACSM Certified Health & Fitness Specialist	3
KINT 460	Applied Social Research Methods	3
KINT 480	Internship	3
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		6

REQUIRED COGNATES:

Item #	Title	Credits
BIOL 101	Anatomy & Physiology I	4
BIOL 102	Anatomy & Physiology II	4
	CHEM 111, CHEM 112	8
MATH 121	Precalculus	3
MATH 141	Introduction to Probability and Statistics	3
PHYS 121	General Physics I	4
PSYC 212	General Psychology	3
PSYC 220	Human Growth and Development	3

Total credits for degree:

74