

KINA 236: Disc Golf

Disc Golf is designed to introduce students to basic disc golf skills and knowledge including technique, conditioning, strategy, rules and etiquette. Students will also get involved in the disc golf community by engaging in discussions with PDGA leaders on topics of growth and development, environmental impact and societal perception. Course will culminate in a disc golf clinic and hosted by class members.

Credits: 1

Program: **Kinesiology**

Semester Offered: Fall