

RELT 327: Integrated Wellness Connections

This course focuses on therapeutic communication with emphasis on developing meaningful connections with people in the context of diverse social environments. The intent is to meet the felt needs of individuals, with attention to those who might be dealing with a life crisis. Includes exploration of personal and professional identity and values related to a whole-person approach with application of **CREATION Health** and other positive lifestyle principles.

Credits: 3

Prerequisites:

UNIV 111

Program: Religion

Semester Offered: Fall