

# KINA 246: Inline Hockey

Students will learn fundamental skills of skating, stick handling, passing and shooting. They will also be introduced to offensive and defensive strategies. Students must have their own hockey skates. It is preferred that students bring their own protective equipment, including helmet/ mask, gloves, shin guards and elbow pads. The department does have a limited supply.

Credits: 1

Program: **Kinesiology**

Semester Offered: Spring