

KINT 252: ACSM Certified Personal Trainer

This course will cover health appraisal, risk assessment and safety of exercise, fitness testing, and an overview of exercise prescription. The course will prepare students to take the ACSM's Certified Personal Trainer certification exam. Course fee.

Credits: 3

Prerequisites:

BIOL 101

Program: Kinesiology

Semester Offered: Fall, odd years