

B.S. Physical Education

General Education Requirements for all Bachelor's degrees

Quality Enhancement Plan (QEP) Requirement

Kinesiology Core Curriculum

Item #	Title	credits
KINT 110	Fundamentals of Kinesiology	3
KINT 201	Introduction to Kinesiology Research	1
KINT 241	Care and Prevention of Athletic Injuries	3
KINT 310	Motor Learning	3
KINT 321	Exercise Physiology	3
KINT 331	Biomechanics	3
KINT 420	Adapted Physical Activity, Sports, & Exercise Assessment	3
KINT 490	Senior Seminar (Capstone/Portfolio)	1

Required Courses

Item #	Title	credits
	KINA 115 or KINA 215	1
KINT 131	Officiating I	2
KINT 132	Officiating II	2
KINT 231	Professional Activities I	3
KINT 232	Professional Activities II	3
KINT 233	Professional Activities III	3
KINT 351	Coaching	3
KINT 431	Physical Education Methods (K-12)	3
KINT 450	Administration of Kinesiology	3

Required Cognates:

Item #	Title	credits
BIOL 101	Anatomy & Physiology I	4
BIOL 102	Anatomy & Physiology II	4
	Total credits:	51

Category Descriptions

KINA 115 or KINA 215

Credits: 1

Item #	Title	credits
KINA 115	Resistance Training	1
KINA 215	Advanced Resistance Training	1